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Behaviour Planning for Individual Students

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- Use a simple Positive Behaviour Prompts sheet. This is useful for ensuring a consistent approach to a student. Here we start with the students' strengths and likes. This can be essential in building a bridge with a student or de-escalating a confrontation.
- For a more detailed programme try the Behaviour Plan. The first step is to identify the behaviour you want to focus on. This is not always easy as there may be a range of behaviours that are causing concern. However we want to try and make it manageable and successful for the student and the adult. Try to pick the behaviour that seems to be the earliest and may be a trigger for other behaviours.
- Separate the behaviour from the person. The behaviour is the issue; there is no issue with the person themselves.
- Separate the behaviour from the emotion. Students need to know it is ok to feel angry but it is not ok to be violent or abusive for example.

- Consider what might be the possible reasons behind the behaviour. This is not easy but try and step back from the behaviour.
- Give students a target to focus on. Where possible make this functionally incompatible with the behaviour you are trying to correct. For example if out of seat behaviour is an issue then the target would be to remain in their seat.
- When using a Behaviour Management Plan agree how long it is going to be used. This should be at least 30 days. All staff who come in contact with the student must then follow this.
- Behaviour in between needs to be monitored rigorously so that improvements can be identified and if necessary changes can be made to the plan.
- Make sure strategies are clear, understood by all, manageable and set in a positive framework.
- Split strategies into prevention (those aimed at preventing issues from arising in the first place) and management (how is the behaviour going to be managed once it has occurred).