



Exercise for Positive Behaviour

Contributed by Carol Pritchard

At the end of a lesson ask each student to write down one positive thing they have done during the lesson and one positive thing someone else has done. This could be shared with just the tutor or displayed for the whole group, perhaps by sticking post-its onto a poster showing names / onto the white board / onto laminated name cards.

This exercise will demonstrate that you expect everyone to show positive behaviour, and believe them all capable of it. It should also help them by identifying their own positives, raising self-esteem and dispelling notions that they can't do it.

I have now tried this with the group of school link learners that see once a week in college. I was particularly interested in one student who can be disruptive and lacks focus. She was able to note that she had settled down and got on with her work during the second half of the afternoon. Many of the other students also commented on this and as most were shared with the whole group I am hoping this will prove positive for next week. I will continue with this, and monitor its effect.

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<http://www.pivotaleducation.com/taking-care-of-behaviour-online/>