

## Ten Tips on Managing Behaviours

Contributed by Stephen Row

- 1) Count to ten and don't take it personally: If you don't lose your temper you don't lose your dignity and you don't lose control of the situation.
- 2) Know your group: It's not you they are reacting against there could be other influences.
- 3) Be approachable: You're not there to be their friend, you don't have to be, but it helps if you can get on.
- 4) Leave yourself a way out: Paint yourself into a corner and your left with confrontation.
- 5) Don't disregard challenging behaviour: Behaviours need to be addressed but they don't always need to be crushed.
- 6) Identify and praise behaviours that you wish to be repeated.
- 7) Ask for help and advice if you need it: If you need moral support when dealing with someone or their parents ask. Your colleagues are not ignoring you or don't care they just have their own behaviours to manage.
- 8) Start each class with a clean sheet: Deal with today's problems today. You'll sleep better if they're put away and the next class can be approached in a positive mind-set.
- 9) "Don't worry be happy!" The class atmosphere can be affected by your mood more than the kids.
- 10) Teach! : It's what you're paid for. You will have more respect if learners believe that you can do what you're there for. If they think you can't do it they will be more prepared to listen

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<http://www.pivotaleducation.com/taking-care-of-behaviour-online/>